

*Department of Arts and Cultural Sciences Division of Art History and Visual Culture*

# Course Literature KOVF10, Arts, Aesthetics, and Existential Resilience, 3 ECTS

# *Additional shorter texts may be added by teachers.*

Abram, David (2010) Becoming Animal, *Green Letters*, 13:1, 7–21. https://doi.org/10.1080/14688417.2010.10589067 (15p.)

Carew, Thomas J. & Ramaswami, Mani (2020). The Neurohumanities: An Emerging Partnership for Exploring the Human Experience, *Neuron* 108:4, 590–593. (4p.) DOI: [10.1016/j.neuron.2020.10.019](https://doi.org/10.1016/j.neuron.2020.10.019)

Clift, S. & Camic, P. (2016). Introduction to the field of creative arts, wellbeing and health: Achievements and current challenges. In: Stephen Clift & Paul M. Camic (eds.), *Oxford Textbook of Creative Arts, Health, and Wellbeing: International perspectives on practice, policy, and research*. Oxford, UK: Oxford University Press, 3–10 (7p.)

Curtis, Robin (2014). An Introduction to Einfühlung, *Art in Translation*, 6:4, 353–376, https://doi.org/10.1080/17561310.2014.11425535 (23p.)

Gallese, V. (2019). Embodied Simulation. Its Bearing on Aesthetic Experience and the Dialogue Between Neuroscience and the Humanities. *Gestalt Theory*, 41:2, 2019, 113–128. DOI: https://doi.org/10.2478/gth-2019-0013 (15p.)

Hallberg, Gry Worre (2020), Sisters Academy as a space and time for experimentation and healing, *PERISKOP*, no. 24, 136–155. https://doi.org/10.7146/periskop.v2020i24.126183 (19p.)

Liljefors, Max (2024). Butoh and Embodied Transformation, *Nordic Journal of Aesthetics*, no. 68, 90–114. <https://doi.org/10.7146/nja.v33i68.152366> (24p.)

Liljefors, Max (2020), Knowledge worlds apart: Aesthetic experience as an epistemological boundary object. In: Kristofer Hansson & Rachel Irwin (eds.), *Movement of Knowledge.*

*Medical humanities perspectives on medicine, science, and experience*. Lund: Nordic Academic Press, 205–232. https://doi.org/10.21525/kriterium.24 (27p.)

Mikalonyté, Elzé Siguté, et. al. (2025). Transformed by Beauty: Aesthetic Appreciation Increases Abstract Thinking and Self-Transcendent Emotions in an Art Museum. *Empirical Studies of the Arts*, 0:0, 1-24 (24p.) <https://doi.org/10.1177/02762374251337699>

Mäcklin, Harry (2021). Aesthetic Self-Forgetfulness, *British Journal of Aesthetics*, 61:4, 527–541 (14p.) <https://doi.org/10.1093/aesthj/ayab019>

Pizzolante, Marta, et. al. (2024), Aesthetic experiences and their transformative power: a systematic review, *Frontiers in Psychology*, vol. 15, 1–22 (22p.) <https://doi.org/10.3389/fpsyg.2024.1328449>

Seel, Martin (2014). Active passivity: On the aesthetic variant of freedom. *Estetika: The Central European Journal of Aesthetics*, 51: 2, 269–81. doi: <http://doi.org/10.33134/eeja.127> (12p.)

Shusterman, Richard (2008), Art and Religion, *The Journal of Aesthetic Education*, 42:3, 1-

18. https://[www.jstor.org/stable/25160287](http://www.jstor.org/stable/25160287) (18p.)

Shusterman, Richard (2019), Aesthetic Experience and the Powers of Possession, *The Journal of Aesthetic Education*, 53:4, 1–23. https://doi.org/10.5406/jaesteduc.53.4.0001 (23p.)

Singer, Tania & Klimecki, Olga M. (2014). Empathy and Compassion. *Current Biology*. 24:18, 875–878. (4p.) <https://doi.org/10.1016/j.cub.2014.06.054>

https://doi.org/10.1177/1473325020932374 (16p.)

Vessel, E. A., Starr, G. G. & Rubin, N. (2013), Art reaches within: Aesthetic experience, the self and the default mode network. *Frontiers in Neuroscience*, vol. 7, art. 258, 1–9.

DOI: 10.3389/fnins.2013.00258 (9p.)

Wamsler, C. (2022) What the mind has to do with the climate crisis: Mindfulness and compassion as pathways to a more sustainable future. Essay written for the Mind&Life 35th anniversary, *Mind&Life*. Online: <https://www.mindandlife.org/insight/what-the-mind-has-to-do/> (ca. 6p)

See also: Figure: <https://www.contemplative-sustainable-futures.com/_files/ugd/4cc31e_b84a7af990a847d4b8c017ea54193687.pdf>

See also: Table: <https://www.contemplative-sustainable-futures.com/_files/ugd/4cc31e_fe228724ae4a4ac3bfbf152b11d5928f.pdf>

Total number of pages: 271

**Recommended additional literature**

Crawford, P., Brown, B., Charise, A. (2023). *The Routledge Companion to Health Humanities.* Routledge. ISBN 9781032570341 (492p.)

Dissanayake, Ellen (2001), Becoming Homo Aestheticus: Sources of Aesthetic Imagination in Mother-Infant Interactions, *SubStance*, 30:1–2, Issue 94/95: Special Issue: On the Origin of Fictions: Interdisciplinary Perspectives, 85–103. DOI: 10.2307/3685506 (18p.)

Han, Byung-Chul (2020), *Saving Beauty*. Polity Press. (95p.)

Ives, C., Schäpke, N., Woiwode, C., Wamsler, C. (2023) IMAGINE sustainability: Integrated inner-outer transformation in research, education and practice, Sustainability Science 18, 2777–2786 (9p). <https://doi.org/10.1007/s11625-023-01368-3> ([Online](https://link.springer.com/article/10.1007/s11625-023-01368-3)).

Menninghaus, Winfried, et. al. (2017). The Distancing-Embracing model of the enjoyment of negative emotions in art reception. *Behavioral and Brain Sciences*, vol. 40, 347, 1–63. (63p.) <https://doi.org/10.1017/S0140525X17000309>