



Course literature

SASH59 Sustainable Eating 7,5 hp

**LUNDS
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Department of Arts and Cultural Sciences

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Course Literature

Belasco, Warren 2008. *Food: The Key concepts*. Oxford: Berg. ISBN: 9781845206727 Chapter 4-6. Pages 55-128 (73 pp)

Blay-Palmer, Allison. 2008. *Food Fears. From Industrial to sustainable Food Systems*. Aldershot: Ashgate Pub. ISBN 978-0-7546-7248-7. Chapters 1-5, pages 1-109. (109 pp)

Ethnologia Europaea 2013. Foodways Redux. Special Issue. 43:2. Copenhagen: Museum Tusculanum Press. ISSN 0425 4597 (87 pp)

Hallström, Elinor. 2013. *Dietary change for sustainable food systems- effects on climate, land use and health*. (Pp 1-139) Lund: Department of Environmental and Energy System Studies, Lund University, 2013. ISBN 9789174737172 (139 pp)
Link: <https://lup.lub.lu.se/search/publication/7766339>

Mason, Pamela and Lang, Tim, 2017 *Sustainable Diets. How Ecological Nutrition Can Transform Consumption and the Food System*. Routledge: Abingdon and New York ISBN; 9780415744720 (354 pp)

Nestle, Marion 2002. *Food politics: how the food industry influences nutrition and health*. Berkeley: University of California Press. ISBN 0-520-22465-5 6 Chapter 1-3, 12-14 + Introduction, conclusion and afterword (approx. 200 pp)

Poulsen, Bo. 2012. "Fisheries". In: Louis Kotzé & Stephen Morse (eds.), *The Berkshire Encyclopedia of Sustainability: Afro-Eurasia: Assessing Sustainability*. Vol. 9. Great Barrington, Massachusetts: Berkshire Publishing Group. ISBN-13: 978-1933782195, (11 pp).

Röös Elin, Carlsson Georg, Ferawati Ferawati, Hefni Mohammed, Stephan Andreas, Tidåker Pernilla, Witthöft Cornelia (2018). Less meat, more legumes: prospects and challenges in the transition toward sustainable diets in Sweden. *Renewable Agriculture and Food Systems* 1-14.

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